**MyPlate Fairy Tale Storybook Assignment**

You may work individually or with one other person to write or rewrite a common fairy tale to incorporate the MyPlate information you learn from www.choosemyplate.gov. Navigate this website to learn more about the food group requirements for young children (toddlers/preschoolers) as well as appropriate food examples.

Objective: Create a Flipsnack Flipbook that encourages young children to eat foods from all of the food groups in appropriate amounts. If children hear stories about characters eating healthy, then maybe they will be encouraged to do so as well.

\*\*\*This should take 2-3 class periods\*\*\*

a. You will create this in Microsoft PowerPoint (approximately 10-12 pages).

b. Before you begin, open a new presentation in PowerPoint and go to the Design Tab and Slide Orientation. Change it to Portrait.

c. The first slide will be a cover page for your book. It must include a title (be creative), all group members names (first names only), and an introduction to your fairy tale.

d. The following slides will devoted the following:

i. Write in complete sentences at a level that young children would understand. If adapting an existing fairy tale, don’t stray from the original too much

ii. Give a brief overview of MyPlate and its purpose in choosing healthy meals and snacks.

iii. Be sure to include specific information about each food group and the daily requirement necessary for young children (toddlers/preschoolers) and examples of foods from each group that a young child would actually consume.

iv. Include pictures of characters, foods and/or food groups on every page

v. Explain why it’s important to eat healthy – now and in the future. -- think of this as your conclusion

e. Once all slides are created, save it first as a PowerPoint file (.pptx) and then save it as a .pdf.

g. You will log into Flipsnack and upload the .pdf. It will create a link for you to share. You will share your flipbook to our class padlet.

Now that you are finished…

Go back to your individual computers and go to the class Padlet board. View at least 3 other groups’ story books by clicking them.

Then, make a positive comment (2-3) sentences about their book in the comment section. Make sure you include your name at the end of your comment and turn in your evaluation forms when finished.

Grading: Do a thorough self-check of your project to be sure you’ve included and completed all parts of this project. You MUST turn in this rubric. Failure to do so will result in a loss of 5 points.

\_\_\_\_\_\_Cover Page: Creative Title, Name(s) & Intro

\_\_\_\_\_\_Overview Slide of MyPlate and its purpose

\_\_\_\_\_\_Food Group Slides: All food group with requirements and appropriate food examples present

\_\_\_\_\_\_Final Slide explaining why it’s important to eat healthy now & in the future

\_\_\_\_\_\_Flipsnack Book: Created and pinned to class Padlet Board

The three books I viewed were:

|  |  |
| --- | --- |
| Book: | Comments: |
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\_\_\_\_\_\_Spelling & Grammar: Free of Errors

Total Project: \_\_\_\_\_\_\_100 points